Conventional wisdom has it that men enjoy a ‘special relationship’ with weapons, a view which seems to be corroborated by empirical evidence. The relationship between ‘masculine’ men and weapons is such a prevailing cliché that one finds it everywhere, from advertising to left-wing revolutionary posters, fascist imagery to the novels of Hemingway, war memorials to homoerotic art, from the porn industry to feminist critiques of male militarism. Weapons systems are designed mostly by men, marketed mostly for men and used mostly by men—and in many parts of the world, they are the primary source of death for men. Boys are given guns and swords to play with or they make them for themselves. Adolescent male warriors and middle-aged male hunters pose for cameras brandishing their weapons. Michael Ignatieff describes entering ‘zones of toxic testosterone’ in the Bosnian war.¹ War memorials depict muscular men clutching their guns or hurling grenades with flexed, oversized pectoral muscles bulging out of the opened shirts of their uniforms.

If one considers gender, in this case masculinity, to be socially constructed, and one additionally wants to further the cause of disarmament, it becomes evident that this bond between men and weapons and how this is linked with violent notions of masculinity need to be investigated and analysed further in order to be able to develop sustainable disarmament policies. The importance of analysing violent masculinity gains even more significance if one accepts the notion of conflicts increasingly being ones of ‘identity’, in which the gendered ethnic identities that are constructed and mobilized tend to be highly militarized.²

In this article, I will analyse some of the ways in which enactments of masculinities and the wielding of weapons go together, the sexualized imagery used in conjunction with weapons, and the models of masculinity that lie behind these concepts. I will argue that the public display, the threat of or actual use of weapons is an intrinsic part of violent, militarized models of masculinity. The specific ‘message’ conveyed by the display and use of weapons is dependent on the social and cultural environment.

I will argue that weapons are part of one notion of masculinity, a militarized view that equates ‘manliness’ with the ‘sanctioned use of aggression, force and violence’.³ Weapons are used as status symbols but also as tools to achieve economic and social gains, wielding power over unarmed males and females. This can often be linked to a crisis of masculinity, when there is a ‘fear of loss of male power and privilege’⁴ through social transformations, leading to a backlash in which ‘traditional’ gender roles are reinforced. The construct of the male warrior/protector relies on the suppression of others—

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Weapons and their public display seek to underline the ‘manly’ prowess of the bearer, but tragically often also undermine it—men are not only disproportionately the perpetrators of violence, but also often its victims.

This contribution is intended to open up discussion. As I consider gender roles to be highly dependent on the cultural and social environment in which men and women act, I will start by delineating which socio-cultural environment I shall examine. Unfortunately, by necessity rather than by choice, the limited scope of this study will lead me to concentrate heavily on ‘western’ (i.e. North American, European and Australian) perceptions of masculinity, though I will endeavour, where possible, to broaden this scope.

Toys for the boys

Men’s bond with weapons seems to be forged at an early stage of childhood. Boys mimic the behaviour of armed male role models, be they knights, soldiers, warriors, police, thieves or cowboys, role-playing which almost inevitably requires the presence of toy weapons. These might be simple sticks, cardboard swords or perhaps more advanced weapons such as the replica handguns produced by the toy industry. Boys and young male adolescents may play with toy soldiers, build small-scale models of bombers and aircraft carriers or fight digitalized battles in video games. Weapons—almost always in the hands of males—figure prominently in literature, movies and video games aimed towards a mainly adolescent male audience.

Young males in pro-gun societies might be given real (if low-powered) weapons such as air rifles by their parents or they might buy an illegal handgun on the streets—a step which can be seen as a rite of passage from boyhood to manhood, conjuring up, consciously or not, images of a purported golden past of hunter/warrior males. In societies enveloped in conflict, be it in a war fought with child soldiers or in societies such as the United States, Brazil, South Africa or Yemen that are saturated with guns and violence, this passage often happens at an earlier stage than in more peaceful societies.

In countries with conscription armies, weapons training in the national armed forces can be seen as a legally prescribed rite of passage, usually at the age of 18. The armed forces have traditionally been seen as ‘the school of the nation’, where boys become men and earn the full rights of citizenship. Although most armed forces of industrialized nations nowadays admit women into their ranks, combat training and operations (i.e. the use of weapons systems) tends to remain a male domain. Even in Israel, with its tradition of almost full female conscription, combat soldiers are referred to as ‘our best boys’ and female soldiers are mainly relegated to ‘feminine’ duties such as nursing or administrative work.

Recent studies on the prevalence of small arms in conflict, post-conflict or otherwise violent societies point towards how small arms are, on the one hand, viewed as male status symbols and, on the other hand, as tools for gaining economic and social status. The display of his weapon in public becomes a way in which the man displays his masculinity and defines his role in society. The ‘message’ conveyed by the bearer of the weapon depends on the culture in question—as does the type of weapon preferred for this display of masculinity. The 2002 Small Arms Survey describes how AK-47 Kalashnikovs are part of the ‘Kalashnikov Culture’, for example, in Central Asia and Somalia. An ‘automatic rifle that symbolizes rebellion in much of the world and masculine responses to social chaos elsewhere ... in these regions it simply would look odd for a man to be seen carrying anything other than a Kalashnikov.'
Western intervention forces, be they ‘peacekeepers’ or ‘peacemakers’, and the way they are at times displayed in the western media, can be seen as exhibiting similar patterns of militarized masculinity. They are portrayed as western protector-warriors in the streets of Kabul or Pristina, a ‘robust’, manly but benevolent force, sporting designer shades and displaying their weapons while always ready to assist the poor and helpless women and children they encounter. The subtext of this display of weapons is both meant to be seen as symbols and tools of western technological and military superiority, visible warnings to all would-be rogue challengers. Given the delicate nature of peacekeeping operations, overt displays of militarized masculinity may, however, backfire, alienating the local population.\(^\text{11}\)

The tragic irony of the concept of the armed male as a defender of the weak and helpless is that often women and children are far more likely to be killed by the male protector of the family and his weapon than by an outside intruder.\(^\text{12}\) The male himself is no less at risk, as worldwide men are most likely to be killed by other males or the weapon may be used by the male against himself to commit suicide. In some countries, the ‘gender gap’ in this respect is immense: in El Salvador, 94% of firearm-related homicide victims were male, in a study of 234 random homicides in Honduras—75% of which were firearm-related—98% of the perpetrators and of the 92% victims were males.\(^\text{13}\) Males are—by a substantial margin—more likely to use a weapon to commit suicide than females.\(^\text{14}\)

Weapons as sexual fetishes

The connection between men and weapons often takes on highly sexualized characteristics. The notion of a sword, a gun or a nuclear missile being a phallic symbol or a penile extension has become something of a cliché. This has happened to a point where it no longer can be seen as a subversive critique of male obsession with weapons. Instead, the connection has been co-opted by mass culture—selling ‘manly’ products such as razors or high-powered cars by means of using weapons in adverts to ‘manly men’—and by the arms industry, which sells ‘manly weapons’ to ‘manly men’. The phallic image of weapons—and the corresponding notion of violent masculinity—is reinforced by the entertainment industry through movies and video games.\(^\text{15}\)

Two groundbreaking feminist analyses of male militarism during the Cold War investigated the sexualized discourse of the nuclear standoff: Helen Caldicott’s Missile Envy\(^\text{16}\) and Carol Cohn’s ‘Sex andDeath in the Rational World of Defense Intellectuals’.\(^\text{17}\) While Caldicott saw the Cold War arms race as being fuelled by a kind of penile envy, Cohn set out to investigate the sexualized vocabulary of the nuclear standoff without falling into the reductionistic trap of simply equating of missiles with symbolic penises. Cohn describes a language suffused with sexual, mostly phallic, imagery, clouding the lethal nature of the weapons in question. The imagery also creates a sexualized intimacy between the developers and handlers of the weapons systems and the weapon, one that finds its physical manifestation, for example, in a quasi-ritualistic patting of the bomb, missile or bomber. A further interesting metaphor Cohn discovers is that of creating and giving birth to a new world through the destructive power of the nuclear weapon. Here, however, the sexualized metaphors become slightly confused: a phallic missile ‘delivers’ the ‘babies’ (the warheads), and it is these babies that give birth to the new world.

Guns as violent phallic symbols are used, for example, in chants of the US Marine Corps (‘This is my rifle [holding up gun]/ this is my gun [pointing at penis]/ one’s for killing/ the other’s for fun’) or in
pro-gun bumper stickers available in South Africa (‘Gun Free South Africa—Suck my Glock’). Condoms issued to soldiers in the Second World War and in later conflicts were often used to cover the muzzle of their rifle to protect them from dust and sand.\(^\text{18}\)

The phallus is, however, not the only sexualized metaphor employed when seeking to visualize the relationship between men and weapons. Soldiers are also taught to feminize the tools of war: to view their guns as ‘brides’, as female beings who they are expected to care for. Tanks, naval vessels and aircraft are given female names and adorned with paintings of pin-up girls. The weapon or weapons system thus becomes a female lover, bride or mother of the male soldier. A striking description of the latter is Randall Jarrell’s Second World War poem ‘The Death of a Ball-Turret Gunner’,\(^\text{19}\) in which the dead gunner is washed out of the ‘womb’ of the bomber like a dead foetus.

As with the male phallic metaphors, the use of female metaphors is highly sexualized but it is also somewhat ambiguous—the nuclear bomb dropped on Hiroshima was ‘male’ (Little Boy) and ‘delivered’ by a ‘female’ bomber, the Enola Gay. In a more recent example, however, the new American MOAB (Massive Ordnance Air Burst) bomb unveiled early in 2003 was nicknamed ‘The Mother of All Bombs’. The French nuclear test sites in the South Pacific were all given female names.\(^\text{20}\) Thus, weapons and weapon systems can be seen as reinforcing traditional notions of gender roles on a symbolic level: the male soldiers takes care of his gun-bride, the tank- or bomber-mother nurtures and protects the young male soldiers. On the other hand, this can also be seen as a symbolic concession to the fact that traditional gender roles are transformed through combat. Women do take part in combat or combat-related activities, including killing, and not only on a symbolic level as ‘female’ guns and warships. Furthermore, as the example of the French nuclear testing sites shows, the metaphors can unintentionally symbolize violence against women in conflict. As it tends to be men who are using the weapons systems, the sexual metaphors also underline male control over their own bodies (male sexual analogies) and those of women (female sexual analogies).

The violent strand of masculinity, however, not only sees weapons as phallic extensions, as female sex objects or fetishes of male prowess, but also sees the body itself as a weapon. This may, for example, happen in the context of violent spectator sports,\(^\text{21}\) sexualized violence or through suicide attacks. All three are male-dominated domains—females participating in violent sports are viewed as anomalies, males top statistics concerning perpetrators of rape, and the recent appearance of female suicide bombers has taken security forces and the public by surprise. In all three cases the use of the body as a weapon seeks to strengthen the social position of the male, by gaining ‘respect’ in the ring or on the playing field, gaining ‘martyr’ status or sexual satisfaction and—above all—power by directly and violently subjugating others.

**War as a symbolic sexual act**

If one accepts the symbolic sexual quality of weapons, then the use of weapons consequently becomes a symbolic sexual act. Joanne Bourke’s *An Intimate History of Killing* studies in great depth the importance given in past military training in the United States and the United Kingdom to the use of bayonets, which was seen as an integral part of building the fighting spirit of the all-male troops.\(^\text{22}\) The use of the bayonet was described in explicitly sexual terms and those flinching from its use are described as ‘effete’ or ‘feminine’.

Caldicott’s ‘missile envy’ analysis of the Cold War needs to be revisited and revised when looking at the arms races of today. On a global scale, the military power of the United States is no longer
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contest as during the Cold War. Today, no aspiring challenger can or will, at least in the medium term, seek to build a similar arsenal of weapons. Seen from a sexualized point of view, the possession of weapons of mass destruction (WMD) may be seen as the ‘great equalizer’ or ‘great compensator’, a way of getting back at the global, omnipotent ‘alpha-male’—but only to a limited extent, as no state, much less a non-state actor, is able to match the American nuclear arsenal. The missile race between India and Pakistan is perhaps the one that is closest to the Cold War ‘missile envy’ scenario.

Most conflicts today are ‘low-intensity’ and asymmetric, but may be equally sexualized. In ‘lower intensity’ conflicts the dynamics are somewhat different, as small arms, the weapon of choice, are relatively readily available. In these conflicts, other dynamics (such as the connections one has to a—often ‘hyper-masculine’23—warlord, may be more important in defining the pecking order than the possession of a weapon. Terrorism can also be seen through the lens of sexualized metaphors. The 11 September 2001 attacks themselves have been described—voluntarily or involuntarily—in explicitly or implicitly sexualized terms. For example, the Twin Towers have been described as symbolizing the dual phalli of American military and economic power, the attacks as being ‘re-masculizing’ acts following the ‘emasculating’ experience of having American troops—amongst them female soldiers—guarding the holiest sites of Islam.24 On the other hand, the attackers were displayed in the American public and media as being ‘cowardly’ and ‘unmanly’ and the subsequent war in Afghanistan as ‘re-masculizing’ for the United States, whose dominance had been symbolically challenged.25

With respect to sexualized violence, against both women and men, in which weapons play a role, the weapon loses its symbolic phallic quality and is either used to force sexual acts upon the victim and/or is used as a surrogate phallus for penetrating orifices. Well-documented, horrific cases of this can, for example, be found in the reports by Human Rights Watch on sexualized violence in the Democratic Republic of the Congo and Sierra Leone.26

**Weapons and violent masculinity**

As we have seen so far, weapons are seen as sex symbols, as fetishes and tools for reinforcing one’s masculinity. This view is bolstered by the mass media, which uses an increasing amount of its (pre-) conflict coverage to present the ‘sexy’ weapons systems that will be employed in the conflict. For example, CNN and Fox News devoted a sizable amount of their airtime to presenting the American arsenal in the run-up to the Iraq War.27

Weapons are the embodiment of violent, often militarized models of masculinity, which, in turn, have broader socio-political ramifications. In these notions of masculinity, the weapon or weapon system is often seen as ‘a fetish object of cult heroism’, as Robert Dean describes the way in which—white, upper class, male—fighter pilots of the First and Second World Wars or torpedo boat captains were deified in the United States.28 Joanne Bourke describes similar ‘warrior myths’ surrounding American, Australian, British and New Zealand pilots and snipers in both World Wars as well as the Viet Nam War.29 In these particular cases, the notions of warrior masculinity in question can be traced to imperial British concepts of masculinity,30 which stress white, Anglo-Saxon, Christian, male superiority and acted as the ideological backdrop for the expanding British Empire. These concepts, Dean argues, were partially taken over by the American political elite in the early to mid-twentieth century.

The resurgence of militarized ‘hard body’ masculinity during the Reagan-era in reaction both to a ‘crisis of masculinity’ and foreign policy setbacks as well as its reflection in popular culture is examined by Lynda E. Boose and Susan Jeffords.31 In the view of these authors, the ‘emasculating’ experience of
Viet Nam is compensated for in the Reagan/Bush years by a more aggressive foreign policy, mirrored by a cultural shift away from a perceived ‘softer’ masculinity of the late 1960s and 1970s (linked with a ‘defeatist’—read ‘unmasculine’—home front during the Viet Nam War) towards an aggressive masculinity. An indicator of this shift is seen in the male role models conveyed by action movies—the previous James Bond-style action hero with a small gun and relatively refined manners is replaced by John Rambo-style hyper-masculine heroes with ludicrously oversized weapons and muscles.

Notions of ‘warrior’ masculinity are visible in western mass culture. The urban warriors of today, such as the young, dynamic professionals of either sex, can get into the right mindset for their stock exchange battles by wearing military-style designer clothes and driving in luxury versions of military vehicles such as Land Rovers or Humvees. Similarly, the actual urban warriors of the world’s low-intensity conflicts often take their fashion cues from western mass culture. Correspondents reporting on conflicts and the staff of relief organizations, even when they are far removed from the actual fighting, are looking increasingly like combatants, wearing toned-down military style clothing, flak vests, helmets and driving oversized all-terrain vehicles. The militarized imagery and the use of military accessories can be seen as manifestations of a militarized concept of masculinity, an aggressive hyper-individualism that is also dominant in the current neo-liberal discourse: a hyper-individualism, which ‘addresses challenges’ in the civilian world as ‘aggressively’ and ‘robustly’, to use the current peacekeeping jargon, as western intervention forces in Afghanistan, Iraq or Sierra Leone.32

Violent masculinity

Militarized, violent enactments of masculinity can often be seen as a flight back to an extreme, imagined version of what men are ‘traditionally’ like, a reaction to insecurity posed by perceived threats to one’s masculinity. These neo-traditionalist responses are visible in many societies, and can be triggered by a range of perceived threats—fear of ‘western feminism’, or any other expressions of female independence, the disrupting of traditional social and economic patterns due to increased globalization or the opening of social spaces for non-traditional gender roles. The processes of constructing white militarized men through a culture of open disdain of blacks, civilians, women as well as the violent suppression of homosexuals and dissenters in the apartheid-era South African Defence Force—a reaction to the perceived internal and external threats to the apartheid regime—is a case in point, though an extreme one. Violent masculinity also involves the suppression of alternative, competing masculinities not only in others but in oneself as well. In South Africa, the armed forces went so far as to attempt to ‘cure’ suspected homosexual conscripts through hormonal therapies and electric shock.33

Conflict situations tend to reinforce narrow views of masculinity—the men with weapons have the power, men are often expected by tradition to be either warriors and/or protectors, and failure to live up to these expectations leads to violence against those perceived to be in an even weaker position, e.g. in the domestic environment. The ‘masculinity’ of civilians is contested by male combatants, for example through the rape of the man, or else his partner, children or relatives who the unarmed male is unable to protect.34

In post-conflict situations, men often reoccupy what new social spaces women were able to create in the conflict as part of a neo-traditionalist return to a ‘golden past’ when ‘men were men and knew what that meant’. Research suggests that in the post-conflict period women are relegated to
narrowly defined roles in society. Men who are labelled as being ‘deviant’ are also subjected to extreme forms of discipline or exclusion. Homophobia is not uncommon and the role of non-combatant males is belittled. The dominant war discourse, i.e. the way the war is subsequently portrayed in official history books, war monuments and the mainstream media, thus becomes one of fighting, unraped heterosexual males, heroic even in defeat. If there is no comprehensive weapons collection programme, it may well happen that wartime small arms are used in enforcing this neo-traditionalist rollback.

Boys will be boys?

One should be aware of the pitfall that by analysing and labelling certain models of male behaviour as ‘manly’ or ‘masculine’, we risk reinforcing the same violent models of males we seek to deconstruct by claiming that men are essentially violent ‘warriors’ and/or ‘protectors’ drawn to weapons. This shuts out alternative male models of behaviour—those that do not exhort violence—as being ‘unmanly’ and further perpetuates the notion that to be a man is to be inherently violent. Not all men are fascinated by weapons, not all men see carrying a gun as an integral part of masculinity. Conversely, women may be fascinated by weapons and certain types of handguns are marketed specifically for a female clientele—though one has to keep in mind that a primary motivation for women to arm themselves may be the fear of becoming a victim of sexualized violence, perpetuated mostly by males. Depicting women as being essentially peaceful and men as essentially violent reinforces the hegemonic, patriarchal models of masculinity and femininity and simultaneously obscures many patterns of dominance and violence.

An example of this discussion is given by Adam Jones, who counters Susan Brownmiller’s ‘derisive comment’ on the Bosnian, Croatian and Slovenian wars of the early 1990s that ‘Balkan men have proved eager to fight and die for their particular subdivision of Slavic ethnicity’ by showing that most male fighters were not enthusiastic, hyper-masculine ethnic warriors, but rather often forcibly conscripted, at times confused and often desperate men caught up against their will in a lethal and brutal conflict. While men were—almost exclusively—responsible for the rapes, murders, maiming and pillaging in the conflicts, men were also over-represented in the victim category as well—with the exception of rape victims, where male victims are virtually absent. This is in part due to the immense personal and extrapolated group stigma of male rape, which leads to severe underreporting. Men were usually underrepresented as refugees, a sign that all sides singled out men of combat age to maintain their own side’s potential manpower, to send them to detention camps or to be executed. An extreme example of this was the Srebrenica massacre, in which over 6,500 Bosnian Muslims, almost exclusively men, were killed.

Another indication that masculine roles other than that of the warrior or the armed protector exist and are seen as desirable can be seen in statistics quoted by Wendy Cukier. In South Africa, 44.9% of men interviewed in three high crime communities wanted to own firearms and in Phnom Penh, Cambodia, 43% of male respondents would own a gun if it were legal. In both cases, the figures for females were lower, 34.4% and 31% respectively. This shows that while men are more likely to see guns as a source of security than women, a majority of the male respondents in areas with high gun densities and therefore corresponding ‘gun cultures’ and easy availability of arms still did not see it as desirable to own a gun, even if it were legal. The majority did not view a gun as an essential part of their masculine identity. The number of would-be gun owners is correspondingly smaller in societies with lower gun densities and lower crime rates.
Juvenile bravado, exaggerated machismo and ‘locker room’ talk with regard to weapons and war can also be seen as an effort to mask one’s unease with trying to live up to the warrior role. The sexualized language Cohn described as well as the gendered references used to depict weapons and weapons systems thus become an effort to cover up the horrors of war and the lethal consequences of armed masculinity.

**Disarming masculinities**

While there is an undeniable and visible ‘special relationship’ between men and weapons, this is not simply a ‘natural’ consequence of being a man—nor do all men share this special relationship. While the relationship between men and weapons is often sexually charged, simply equating weapons with phallic extensions is too simple. ‘Doing’ masculinity with the help of a weapon is instead the visible manifestation of certain, violent and often militarized enactments of masculinity, which need to be analysed in their respective historical and cultural surroundings. These enactments, in turn, have far-reaching social and political consequences, be it on domestic violence or foreign policy. Violent models of masculinity often become hegemonic, with the weapon being used as both a symbol and a tool to demonstrate and enforce this hegemony against others, including competing masculinities. This is often the case in conflict and post-conflict situations but also in societies that are more or less openly violent. Moreover, militarized masculinity is often a backlash to perceived threats to male dominance and power.

Disarmament measures, along with the demobilization and reintegration of former combatants, are often dealt with as technical ‘numbers game’. A successful and sustainable process of disarmament, though, requires a gendered analysis of the situation, looking at how weapons, concepts of violence and notions of ‘masculinity’ and ‘femininity’ interact in the respective socio-cultural environment. The reduction in the number and strict control of weapons should be coupled with a ‘demobilization’ of the militarized, violent concepts of masculinity that would see a weapons collection process as ‘emasculating’. One needs to work with the alternative unarmed, non-violent concepts of masculinity and femininity already existing in the society in question, further developing and opening possibilities for these and empowering them, thus laying the groundwork for a sustainable peace.

**Notes**


19. The Death of a Ball-Turret Gunner

   From my mother’s sleep I fell into the State,
   And I hunched in its belly till my wet fur froze.
   Six miles from earth, loosed from its dream of life,
   I woke to black flak and the nightmare fighters.
   When I died they washed me out of the turret with a hose.


23. ‘Hyper-masculinity’ as a concept is the subject of some debate and is of course dependent on the individual social, cultural and temporal context. Three characteristics linked to the notion of hyper-masculinity that are of interest here are an emphasis on strength, aggressiveness and sexual potency.


32. See, for example, Holert and Terkessidis, 2002, op. cit.


36. On the manipulation of these fears by means of advertisement by the arms industry, see for example Vanessa Farr, 2003, Men, Women and Guns—Understanding how Gender Ideologies Support Small Arms and Light Weapons Proliferation, in BICC, Conversion Survey 2003, Bonn, BICC.

